



Guess who?

Meeting Notice

Meetings are the (U.N.O.)
2nd Wed. of the month at:
Allied Gardens Rec Center,
5155 Greenbrier Ave.,
San Diego.
Board Mtgs at 7 p.m.,
followed by a General
Membership Meeting

Next Meetings are

September 10
&
October 8, at Allied Gardens
Rec. Center

HIKING WITH YOUR DOG

The warmer weather means it's time to hit the hiking trails! Even better, hiking with your dog can be physically and psychologically beneficial. Hiking allows you to take in the beautiful scenery, refresh your mind, and get in much needed exercise while bonding with your pet. However, you should keep the following safety measures in mind

Snakes & Parasites

You may think it's a good idea to let your pet off his lead to get more sniffing opportunities, but there are numerous hidden or obvious dangers lurking on hiking trails. Without having your pet under immediate observation and control, he could be traumatized, poisoned, or lost.

Unfortunately for human and dog hikers, deadly rattlesnakes and other poisonous vermin can inflict a lethal blow. The course of treatment once a dog has been bitten can be both extensive and expensive; therefore the best treatment is prevention. First and foremost, keep your dog out of the bushes and away from where dangerous snakes may lurk.

In addition, you may consider providing your dog with a [Crotalus Atrox Toxoid \(CAT\)](#) vaccination, which can help increase survivability and decrease tissue injury if your dog is bitten, as well as reduce swelling, and lessen the systemic (multiple body systems) adverse effects associated with rattlesnake bites. Regardless of your dog being vaccinated, a snake bite wound must be immediately treated. A vaccination is purely a precaution. Your dog should still stay away from bushes.

Other Dangers On the Trail

Besides snake bites, an unobserved dog could get into a tussle with another canine or potentially corner a rabid animal. Even worse than getting scraped up, if a tussle occurs, your dog could get impaled by a stationary object (bush, fence, other) while in hot pursuit, or take a tumble down a hill.

To reduce the risk of your dog wandering away and chasing after various temptations, use a hands-free leash when hiking, which allows freedom of both your hands and better balance. These particular devices typically have an elastic leash which gently stretches to motivate your dog instead of jerking him along

More Tips To Consider...

Continued on page 2

IN THIS ISSUE**FROM THE PRESIDENT**

HIKING WITH YOUR DOG	2	MINUTES CONT'D 8/13/14	8
DANGEROUS BBQ FOODS			
BBQ FOODS CONT'D	3	ANNOUNCEMENTS	9
WHY DOGS TILT HEADS			
PLAYDAY FLYER	4	SEPTEMBER CALENDAR	10
2015 SPECIALTY SHOW	5	OCTOBER CALENDAR	11
MINUTES 7/9/14	6	BOARD OR DIRECTORS	12
MINUTES 8/13/14	7		

Hello Club Members,

The usual letter from the President tells you what we have been up to each month. This month will be a bit different since I have been out of commission with stenosis and a few other back problems. Thank you to the board and other interested members for all their help. "Could not have done any of the monthly chores without you. Thanks for taking over".

It is the time of the year where we investigate and choose judges for our specialty. This month, our board and members have been busy with trophies for our morning and afternoon specialty (held in February, at the Del Mar Fair Grounds-preceding the Silver Bay Kennel Club weekend).

Continued on page 8

HIKING WITH YOUR DOG, *continued from page 1*

More Tips To Consider...

- Have your pet examined by a veterinarian to ensure he or she is healthy enough for activity
- Outfit your pet with a collar bearing his name and your contact information (you may even want to consider a microchip)
- Avoid exercise during hours of peak sun or heat
- Take frequent breaks for hydration and bring enough water for both you and your pet
- Seek shade as often as possible
- Do not allow your pet to eat or drink anything on the hiking trail
- Never force your pet into activity against their will (i.e., no dragging along by the leash)
- Use veterinary prescribed flea, tick, heartworm, and other ecto- and endoparasite prevention

DANGEROUS SUMMERTIME BBQ FOODS

California means cook-outs and picnics. We are all for including our pets in the family activities, but there are safeguards that must be taken to ensure their safety. Some of the most typical disasters to occur during get-togethers are related to foods. Plan your backyard (or indoor) party while keeping in mind that pets are wily little things that will scarf down as much as food as they can before they are caught. Here are some of the most hazardous foods to keep out of reach.

Ribs and Other Meats on the Bone

Throwing leftover bones to the dog may seem natural. Dogs love bones, right? However, bones can be very dangerous for pets. They might choke on them, or suffer a grave injury if the bone should splinter and become lodged in, or even puncture the digestive tract. Have a pet-proof covered container ready for throwing bones into.

Chicken

The Association for Pet Obesity Prevention (APOP) recently warned pet owners not to feed their pets chicken wings due to the risk of intestinal obstruction, or worse. Whether wing bones or other bones from chicken pieces, the bones are highly likely to splinter, and because of their small size they are easily swallowed with little or no chewing.

Hot Dogs

Hot dogs can actually be a great treat for pets, but only if they are cut up into bite size pieces and carefully fed one at a time to the pet. Dogs especially can get very excited and swallow a hot dog whole, without chewing. Also to keep in mind, hot dogs are a high fat, high calorie food. Ration them wisely to your pets and make it clear to guests not to share their "dogs" with the dogs.

Corn on the Cob

Corn on the cob is not directly poisonous, all by itself, but based on its shape and size it can easily form a painful and dangerous blockage within your dog's intestines, requiring an expensive intestinal surgery to remove it. (Image: [Tony Alter](#) via Flickr)

Hamburger and Steak

Another food that is not "toxic," per se, fatty meats like hamburgers and steaks can result in severe pancreatitis (inflammation of the pancreas), which can result in vomiting, diarrhea, abdominal pain, and even organ failure.

Chips and Dip

One of the more popular summer dips, guacamole, is also one of the most dangerous for pets. The three main ingredients are all dangerous in their own right: avocado, garlic and onion. Onions and garlic can cause gastrointestinal issues, elevated heart rate, and red blood cell damage. Avocado toxicity, meanwhile, can lead to vomiting, diarrhea, and lack of stool production. Chips can be a danger, too. Large amounts of salty foods can produce excessive thirst and urination, or even sodium ion poisoning. Signs include vomiting, diarrhea, depression, tremors, elevated body temperature, seizures, and even death.

Fruit Salad

Most fruits are safe for pets. In fact, some frozen pieces of watermelon would be a welcome treat to a dog on a hot day. But there is one fruit that is common to nearly all fruit salads: grapes. Although the reason for grapes' (and raisins) toxic effects on dogs is little

DANGEROUS SUMMERTIME BBQ FOODS

understood, these fruits are well known for causing kidney failure. In pets who already have certain health problems, signs of grape poisoning may be more dramatic. (Image: [Jessa Dow-Anderson](#) via Flickr)

Onions

As previously mentioned, onions can be highly toxic for cats and dogs. We mention them again because it is common to find a bowl of chopped onions on the condiment table, on the ground as they fall out of hamburger and hotdog buns, and in most cold pasta and vegetable salads. Although cats are more susceptible, dogs are also at risk if a large enough amount is consumed. Onions can cause gastrointestinal issues, elevated heart rate, and red blood cell damage. Even small amounts of onions are fatal to cats. (Image: [Det-anan](#) via Shutterstock)

Desserts

Ice cream, cupcakes, cookies, brownies... no BBQ party is complete without dessert. And what is the most popular flavor? Chocolate, of course. Unfortunately, chocolate is also highly toxic to dogs, doubly so if it is "sugar-free"; that is, made with Xylitol. Both have fatal ingredients, so even small amounts should not be allowed. Theobromine, the compound in chocolate that has the toxic effect, is most concentrated in dark chocolate and baking chocolate, the kind found in brownies and chocolate chip cookies. Chocolate poisoning can cause heart arrhythmias, muscle tremors, and seizures. Xylitol, used with sugar free foods as a sugar replacement, can have immediate and irreversible consequences. Make sure that all of your guests know not to share their sweets, not matter how big those pleading puppy eyes get.

SOME REASONS DOGS TILT THEIR HEADS

Smart dogs quickly discover that by sitting or standing still, looking sweetly at you and tilting their heads from side to side can yield them oodles of treats and attention from you. They seem to know that their adorable antic will fetch your favor. But dogs also tilt their heads for other reasons – some that may surprise you and some that signal the immediate need to be treated by a veterinarian. Head tilting also may be triggered by:

1. The need to pinpoint the location of a curious sound. Canine hearing is far superior to human hearing. Although dog ears come in many shapes (from cropped to upright and from floppy to erect), they use head tiling to zero in on a sound beckoning their curiosity. That may explain while they sound the bark alarm as a delivery person approaches your front door before you are able to hear any sounds. It is important to reward your dog when she sounds the alarm so that she is acknowledged for doing her job.
2. The aggravating presence of ear infections. A dog's ear canals may be contending with a fungal infection. Or there may be a foreign object, such as a foxtail, lodged inside an ear. Don't ignore if your dog begins tilting his head and persistently pawing at one or both ears. Seek prompt veterinary care.
3. A head injury. During roughhousing with another dog or running too fast off leash and colliding into a solid object like a tree or parked vehicle, your dog could suffer an injury to his head. This trauma can cause your dog's equilibrium to be off balance and cause unintentional tilting of the head to one side.
4. Vestibular disease. The vestibular apparatus are the nerves responsible for determining the body's orientation relative to the ground. It informs your dog's eyes and head how they should move. Inflammation of these nerves can be caused by different things, but will result in a head tilt and the dog falling or rolling to one side. Some causes of vestibular disease resolve on their own, while others are more serious. A veterinarian should be able to determine the underlying cause and your dog's prognosis for recovery.
5. Hypothyroidism. Dogs who border on being obese and are not very active are prime candidates for hypothyroidism, a condition characterized by an inadequate amount of the thyroid hormone. Affected dogs tend to show signs of skin abnormality as well as neurologic signs, including head tilting and leg weakness.

The take-home message: book an appointment with your veterinarian if your dog starts tilting his head for any reason other than simply wanting to seek your attention.

FALL PLAYDAY

It's time for our Fall Playday & Seasonal Theme Costume Contest!



*Where: Hidden Valley Obedience Club Field
3396 East Valley Parkway, Escondido
When: Saturday, October 25th
11:00 a.m. – 4:00 p.m.*

Don't miss our Thanksgiving themed potluck, visiting with friends and having a wonderful time watching the dogs play in the fully fenced grass field. The club will furnish the drinks, plates & utensils. Bring your favorite dish to share, a chair & shade if you have it. And, don't forget those wonderful costumes for your dogs!

Prizes for the 4 BEST COSTUMES

Directions**From CA-78 East:**

CA-78 to I-15 North, exit El Norte Pkwy.
Turn right on El Norte Pkwy continuing to East Valley Pkwy.
Turn left on East Valley Pkwy.
Go past Eureka Springs and turn left at the traffic light at Beven Drive

From I-15 Southbound:

Exit El Norte Parkway.
Turn left (East) onto El Norte Parkway continuing to East Valley Parkway
Turn left on East Valley Parkway.
Go past Eureka Springs residential area and turn left at traffic light at Beven Drive

From I-15 Northbound:

Go north for about 6 miles on Via Rancho which becomes Bear Valley Parkway continuing until it ends at East Valley Parkway.
Turn right onto East Valley Parkway.
Go past Washington Ave/El Norte Pkwy and Eureka Springs residential area and turn left at traffic light at Beven Drive.

Parking will be in open field on your right.



2015 ISCD SPRING SPECIALTY SHOW



We hope you will join us for our spring specialties

**Del Mar Fairgrounds
Partnering with Silver Bay Kennel Club of San Diego**

Make it a 4 show weekend!!

Morning Specialty: Friday, February 20, 2015

**Judge: Sandra McCue
Sweepstakes: Tina Bienefeld**

Afternoon Specialty: Friday, February 20, 2015

Judge: Ronda Mink

**Show Secretary: Carolyn Sisson (619) 466-9792
PrimaECS@aol.com**

**Supported Entry: Saturday, February 21, 2015
Silver Bay Kennel Club of San Diego
Judge: TBD**

**Supported Entry: Sunday, February 22, 2015
Silver Bay Kennel Club of San Diego
Judge: TBD**

**Superintendent: Jack Bradshaw (323) 727-0136
mail@jbradshaw.com**

BOARD & GENERAL MEETING MINUTES 7/9/14

Irish Setter Club of San Diego

BOARD MEETING: All business tabled to the General Meeting. Adjourned 7:07 PM.

Members present: Lynne Aung-Levin, Kathy Whiteis, Teresa Velasquez, Linda Kenan, Valerie Mahoney, Alexis Heath, Robert Rez, Sherry Rez, Madelon McGowan, Chris Cohen-Richards.

GENERAL MEETING: Meeting called to order at 7:08 PM.

Minutes of June meeting read and approved.

REPORTS:

- President-List of available vets for emergencies is now complete. It will be turned over to Chris for forwarding format or will be mailed to members without computer access.
- Vice-president-No report.
- Treasurer-Salient parts of the June 30th Treasurer's report were pointed out; full report is attached to minutes.
- Secretary-No reports.

COMMITTEES REPORTS:

- Newsletter-Will be published online soon
- Rescue-Website, "Finding Rover", lost dog service is free, but Sherry thinks our club will not derive any benefit because it has too few dogs.
Shut-ins' "Animeds" is available through Helen Woodard's services for dogs whose owners share their meals with their pets however human food is not good for them.
Rescue chairperson, Sherry Rez, has signed a Code of Ethics for rescue chairs; SoCal and ISCA have endorsed it.
Per Kathy Whiteis, Rebecca at 4 Paws has a dog, "Redford", which needs a quieter home than her kennel can provide.
"Redford", who used to have seizures, is not in need of immediate adoption. Club is asked to get the word out.
Sherry will call to see if 4Paws is available for shelter during fires.
- Membership-No report
- Rec Council Meeting-attended by Madelon McGowan.
New lawn has been installed
New "Walk Fit" program to start soon.
Summer lunch begins July 22nd.
Movie "Rio 2" will be featured August 9th
- Facebook-We now have 123 members.

OLD BUSINESS:

- Decals were distributed to members wishing to buy.
- Pending judges for February: Sandra McCue, Friday AM; Rhondra Misk Friday PM; Bettina Bienefeld, Sweeps.

BOARD & GENERAL MEETING MINUTES 7/9/14, *continued from page 6*

NEW BUSINESS:

- Trophies: Natalie will tackle the job again. She will try to get the lowest prices possible, but these are difficult to find. Valerie suggested presenting our budget to the artists and asking what is available in our price range. Discussion followed. Alexis then moved that trophy budget be set at \$650, excluding ribbons. Linda seconded the motion. Motion carried unanimously. President will relay discussion points to Natalie. Alexis Heath and Kathy Whiteis volunteered to make snoods for specialty prizes.

Adjournment at 8:24 PM. Motion by Linda Kenan; seconded, Madelon McGowan

BOARD & GENERAL MEETING MINUTES 8/13/14

BOARD MEETING: called to order at 7:05 PM.

Members present: Madelon McGowan, Valerie Mahoney, Linda Kenan, Cathy Dever, Alice Borg, Richard Borg, Kathy Whiteis, Dick Whiteis, Chris Cohen-Richards.
No business before the Board. Motion to table all business to General Meeting.
Board meeting adjourned at 7:06 PM.

GENERAL MEETING: called to order at 7:07 PM by Chris Cohen-Richards.

Minutes of July 9th meeting read and approved. Motion by Linda Kenan; second by Dick Whiteis.

REPORTS:

- President-No report due to illness
- Vice-president-No report.
- Treasurer – report attached. One CD is due for rollover in September.
- Secretary-No report.

COMMITTEE REPORTS:

Newsletter-No report.

- Rescue-“Redford” has been posted on a website (www.Adopt-aPet.com). Rebecca at 4Pawss has not been responding to calls or e-mails. Kathy Whiteis will keep trying to reach her for further info on “Redford.”
- Membership-No report.
- Rec Council-No report.
- Facebook-No report.

OLD BUSINESS:

Natalie finds that she is unable to do trophies, so Linda has been surveying possible trophy sources online, and has compiled a list of some that are available: porcelain samples listing from Camelot Specialties, crystal bud vases, ornamental boxes (no prices

BOARD & GENERAL MEETING MINUTES 8/13/14, *continued from page 7*

available); Home Goods in Parkway Plaza has a large assortment of gifts and prizes, and WalMart has some items worth considering. Prices are reasonable over all, but our budget will be tight this year. \$850 would be a fair limit, with a valiant attempt to come in for less. Valerie moved and Cathy Dever seconded a motion to set the trophy budget limit at \$850. Motion carried unanimously. Trophy Committee volunteers are Linda Kenan, Kathy Whiteis, Jill Merrifield, Alice Borg, and Alexis Heath. Judges' expenses will be determined later.

NEW BUSINESS:

- Chris will contact Hidden Valley Obedience Club to reserve a date for our Fall Play Day on any Saturday in October or November.
- “Disaster Trailers” for emergency rescues during fires is soliciting funds from dog clubs. No action taken by our group at this time.

Meeting adjourned at 8:10 PM. Motion by Madelon McGowan

FROM THE PRESIDENT, *continued from page 1*

Choosing judges is always tricky and trophies to go along with those shows can be very expensive. Lucky enough for us, and with a lot of hard work from our members, we have found very good products and prospective artists, willing to provide beautiful trophies for our show.

Our clubs committees have all been engaged in there required duties within their particular areas. Rescue, Trophies, Newsletter, Facebook, Treasurer, VP and Secretary all had positive reports at our last board and general meetings.

Special thanks this month to Chris, Linda, Sherry, Valerie, Alice and Kathy, for working together is what we are about; either actively involve in showing or at home with our redheads.

See you next month,

Lynne

A GOOD READ



In the seventh book in the brilliant *New York Times* bestselling mystery series, canine narrator Chet and P.I. Bernie journey to Washington, DC, and the dog-eat-dog world of our nation's capital. Stephen King has called Chet “a canine Sam Spade full of joie de vivre.” Robert B. Parker dubbed Spencer Quinn’s writing “major league prose.” Now the beloved team returns in another suspenseful novel that finds Chet sniffing around the capital city and using his street smarts to uncover a devilish plot. Chet and Bernie pay a visit to Bernie’s girlfriend, Suzie Sanchez, a crack reporter living in far-off Washington, DC. She’s working on a big story she can’t talk about, but when her source, a mysterious Brit with possible intelligence connections, runs into trouble of the worst kind, Bernie suddenly finds himself under arrest. Meanwhile Chet gets to know a powerful DC operative who may or may not have the goods on an ambitious politician. Soon Chet and Bernie are sucked into an international conspiracy, battling unfamiliar forces under the blinking red eyes of a strange bird that Chet notices from the get-go but seems to have slipped by everybody else. Most menacing of all is Barnum, a guinea pig with the fate of the nation in his tiny paws. As Harry Truman famously quipped, “If you want a friend in Washington, get a dog.” Too bad he didn’t get to meet Chet!

ANNOUNCEMENTS



DOG RUNS

at Coronado Dog Beach on the second Saturday morning and
Fiesta Isle Dog Park the fourth Saturday of each month starting
at 8:30am
mark your calendars.
Contact
Chris Cohen-Richards @ ccohenr1@san.rr.com
if you are attending.



CLUB STORE

Hats: \$12.00
One size fits all
Stars & Strips & Denim

T-Shirts: \$12.00
Small thru XXXL

Dark Green, Medium Green, Light Green

Long Sleeved Shirts: \$18.00
Medium, Large & XXL

Long Sleeved "Setter" Shirts: \$18.00
XXL
Beige

Order thru: checkersmom@cox.net

Polo Shirts: \$20.00
Dark Green - XXL
Black - Large & XXL

Sweat Shirts: \$25.00
Small thru XXL

Jackets: \$25.00
Medium thru XXL

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and
Photos to:

iscsd@san.rr.com

Club

Lynne Aung
(760) 747-7848

lynneaung@att.net

come. sit. stay. play!

FEE: \$50.00 FOR AN 8-WEEK COURSE

ALL BREEDS

WELCOME

13426 Sunny Ln.
Lakeside, CA 92040
Saturday 10 A.M.

Basic obedience (heel, sit,
down, come, & stay.)

Dogs need to be at least 4
months old.

Trainer has 30+ years of
experience.

Let us train you to
Train your dog
Basic & Advanced Obedience
Classes held weekly
Reasonable rates
Joyce Hitz
Instructor
Call today for more information
619-460-3076

Check out the **Monthly Calendar** on the Website at
www.iscsd.org. Click on the
Events tab on the left sidebar.
Each month can be printed by
simply clicking on the month
you want and pressing print.
Send in any updates to:
ccohenr1@san.rr.com

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of
CCRdesigns

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Custom Residential & Remodels



September 2014

Irish Setter Club of San Diego

Meetings are the
2nd Wed. of the month at:
Allied Gardens Rec.
Center,
5155 Greenbrier Ave.,
San Diego, CA 92120
(UNO)

Board Meetings at
7 p.m. (UNO),
followed by a General
Meeting



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S U N M O N T U E W E D T H U F R I S A T

1
Labor Day

2

3

4

5

6

7

8

9

10
Board &
General
Mtg

11

12

13
Dog Run
Horseshoe
Lake
Mammoth,
CA

14

15

16

17

18

19

20

21

22

23

24

25

26

27

Dog Run
Fiesta Isle
Dog Park
8:30am

28

29

30



*"An old dog, even more than an old spouse,
always feels like doing what you feel like
doing"*



October 2014

Irish Setter Club of San Diego

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S U N M O N T U E W E D T H U F R I S A T

1 2 3 4

5 6 7 8 9 10 11

Board &
General
Mtg

Dog Run
Coronado
Dog Park
8:30am

12 13 14 15 16 17 18

19 20 21 22 23 24 25

Dog Run
Fiesta Isle
Dog Park
8:30am

Spring
Playday
HVOC
Escondido

26 27 28 29 30 31

Halloween

*"Scratch a dog and you'll find a
permanent friend"*

"Irish Reflections"

Chris Cohen-Richards, Editor
5365 Belardo Drive
San Diego, CA 92124



Check me out on
[www.youtube.com](http://www.youtube.com/irishsetter)
irish setter

WE'RE ON THE WEB
WWW.ISCSD.ORG



2014 OFFICERS & BOARD OF DIRECTORS

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